


Rold Gold Reduced-Fat Baked Pretzels, Tiny, Twists, Single-Serve, 0.5 Oz Package, 120/Case

Item Number: 158771 

Made with all-natural ingredients, these pretzel twists have hearty baked-in flavor. They are made without milk ingredients or soy.

- Contains zero grams trans fat
- No monosodium glutamate (MSG)
- Individual serving size for portion control



Case (120/0.5 Ounce Package)

Nutrition

Based On: Rounding:

Ingredients

Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Corn Oil, Corn Syrup, Ammonium Bicarbonate, Malt Extract, and Yeast. COMMON ALLERGENS PRESENT: WHEAT. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Nutrition and Ingredient statement updated October 2019. This ingredient and nutrition information was provided by the third-party product manufacturer and/or supplier and was not in any way created or verified by GFS. The information is being passed on as a courtesy and for informational purposes only. GFS in no way guarantees the accuracy or completeness of this information and NO WARRANTIES ARE MADE OR IMPLIED; ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED.

Nutrition Facts

Serving Size	1 Pkg (14.1g)
Amount Per Serving	
Calories	60
% Daily Value *	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 11g	4%
Fiber 0g	0%
Total Sugars 1g	
Includes N/A Added Sugars	n/a
Protein 1g	2%
Vitamin D n/a	0%
Calcium n/a	0%
Iron 0.36mg	2%
Potassium n/a	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

School Equivalents:

Serving Size	n/a
Meat/Meat Alternative	n/a
Grain/Breads	n/a
Fruit	n/a
Red/Orange	n/a
Dark Green	n/a
Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Manganese	n/a
Iodine	n/a

Fat Soluble Vitamins:

Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	

Additional Images



